

FEAR—Prayer Form

Taken from Prayer Forms Manual, Henri Lemay, p. 75 (May 2020)

PRAYER TO OVERCOME EACH FEAR, ONE AT A TIME

“Heavenly Father, in the Name of Jesus, I confess that I have permitted (*name of the specific fear*) to enter my life.

Fear of death or suffering
Fear of man (what someone will think or say)
Fear of losing your job or your house
Fear of the pandemic
Fear of wasting his life
Fear of being abandoned
Fear of being alone
Fear of death

Fear of infirmity
Fear of dying prematurely
Constantly afraid of everything
Fear of evil
Fear of failure
Fear of fear
Fear of being inadequate
Fear of madness
Fear of losing children

Fear of criticism
Fear of loneliness
Fear of the words of another
Fear of authority
Fear of betrayal
Fear of intolerance
Fear of man
Fear of rejection
Fear of reproach

I repent of having not trusted You in this area of my life. Heavenly Father, You are in me with Jesus; I am the temple of your Holy Spirit.

I repent for the fears of my ancestors and dissociate myself from them. I ask You to forgive me and my ancestors.

I have decided in my heart, in the Name of Jesus, to separate myself from this fear and I choose to forgive myself for allowing this fear (*name of the specific fear*) to play a role in my life. I release myself from this fear.

In the Name of Jesus and by the power of His Blood, I cancel all the authority and all the power of Satan over me and my ancestors because of this fear, because God has forgiven me and because I am forgiven.

I renounce every evil spirit that came to me and I’m taking back control of my life. In the Name of Jesus, I command this fear to depart from me and to present itself to Jesus.

LORD Jesus, I place my trust in You. Holy Spirit, I declare my confidence in You for You are the One who governs my life. I implore you: give me your words of truth about this situation.”

Be still for about 30 seconds to listen for and receive a response. Write down what the Holy Spirit tells you or what He is doing in you.

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